

## COVID-19 Safety in VisionSpring's Outreach Programs

### Additional tips and guidelines

#### Social distancing & crowd management

Social distancing, also called “physical distancing,” means keeping a safe space between yourself and other people who are not from your household. To practice social or physical distancing, stay at least 6 feet (about 2 arms’ length) from other people who are not from your household in both indoor and outdoor spaces.

COVID-19 spreads mainly among people who are in close contact (within about 6 feet) for a prolonged period. Spread happens when an infected person coughs, sneezes, or talks, and droplets from their mouth or nose are launched into the air and land in the mouths or noses of people nearby. The droplets can also be inhaled into the lungs. Recent studies indicate that people who are infected but do not have symptoms likely also play a role in the spread of COVID-19. Since people can spread the virus before they know they are sick, it is important to stay at least 6 feet away from others when possible, even if you—or they—do not have any symptoms. Social distancing is especially important for people who are at higher risk for severe illness from COVID-19.



Social distancing should be practiced in combination with other everyday preventive actions to reduce the spread of COVID-19, including wearing masks, avoiding touching face with unwashed hands, and frequently washing hands with soap and water for at least 20 seconds. The virus that causes COVID-19 is mainly transmitted through droplets generated when an infected person coughs, sneezes, or exhales. These droplets are too heavy to hang in the air, and quickly fall on floors or surfaces. A person can be infected by breathing in the virus if within proximity of someone who has COVID-19, or by touching a contaminated surface and then own eyes, nose or mouth.



The social distancing at the outreach location can be created by drawing 1.5 to 2 feet diameter circles near the entrance and each station. Minimum distance between 2 circles should be 2 meters. These circles can be drawn using a chalk or chalk powder on the floor.

Instruct each customer to stand in the designated circle and move to next circle when it is vacated.

Roping off stations and/or cordoning off stations can also help with the overall flow and social distancing of the outreach.

If the outreach is too busy for effective crowd control, arranging time slots for customers can be utilized. VisionSpring recommends spacing time slots 15-20 minutes apart and ensuring a maximum of 6 people have the same arrival time.